

# HARRIS COUNTY HOSPITAL DISTRICT FOUNDATION

# GOLD STAR

Spring 2009

## Texas Med 5k Supports HCHD Mammography Services

Almost 1,400 registered runners and walkers gathered on the morning of Saturday, Jan. 31, for the Texas Med 5k. Elite and casual runners, as well as many walkers, enjoyed a five-kilometer route that wound through the Texas Medical Center, highlighting some of its beautiful architecture and scenery.

Congratulations go to Alex Moore, the winner of the race, who finished with a time of 16 minutes and 14 seconds. Anna Robertson was the first female finisher, with a time of 21 minutes and 26 seconds.

"The Foundation was created to raise funding for programs that go beyond the narrow scope of the tax-supported care for the uninsured and the underinsured provided by Harris County Hospital District," said Katie Mears, event manager. "We're thrilled that HCHD mammography services will benefit from the event and the generosity of the participants."

"The funds will enable us to purchase equipment to help improve diagnostic services for all Harris County clients in need of mammograms," said Loretta Han-

ser, director of the service. "The HCHD Foundation has provided monetary support through special events, grants, and other funding avenues in order to enhance the district's mammography services, and we are very grateful to all those who have contributed."

The ever-growing list of corporate sponsors and the increase in food sponsors at the post-race party are testaments to the race's popularity. This year, 13 sponsors donated food or beverages to the event, which included more than 600 pizza rolls, 1,000 smoothies, 750 energy bars, five half-barrels of beer, and 100 pounds of fresh fruit.

The post-race party also had some fun new additions this year — kids shot hoops at the inflatable basketball game and competed for prizes, while many race participants relaxed with free massages.

A special thank you to all of the sponsors and volunteers who made this event possible! We hope to see you next year.

For a full list of race results, please visit [www.hchd-foundation.org](http://www.hchd-foundation.org).



### TEXAS MED 5K SPONSORS

PRESENTING -	Fayez Sarofim & Co.
PLATINUM -	Community Health Choice Luke's Locker
GOLD -	Harris County Hospital District Walter P. Moore
SILVER -	Koala Health & Wellness Centers
BRONZE -	Centennial Contractors Enterprises, Inc.

## Ways the Community Can Help HCHD Patients

The HCHD Foundation supports the vital work of the Harris County Hospital District through generous community support, public partnerships and in-kind donations. Collaborating with community members helps us meet the needs of our patients. Below is a list of ways you can help HCHD patients.

### COLLECT TOILETRIES

Collect toiletries (soap, shampoo\*, shaving cream\*,

combs, brushes, deodorant) to improve the patient's comfort while hospitalized.

\*most needed items

### COLLECT HATS AND SCARVES

Collect new hats and scarves for cancer patients who lose their hair while undergoing chemotherapy, experiencing discomfort from the cool temperatures in the hospitals.

### MEMORY BOXES

Design boxes (hand paint or decorate) for families dealing with the loss of a newborn. Items stored in the boxes are kept in memory of the newborn. Inspirational messages can be included.

### COLLECT MIRRORS

Collect new, long-handled mirrors for diabetic patients who need to see and care for their feet.

### LAP BLANKETS

Knit, sew or crochet lap blankets for hospitalized patients.

If you are interested in donating, contact Lacey Webster at 713-566-6409 or [Lacey\\_Webster@hchd.tmc.edu](mailto:Lacey_Webster@hchd.tmc.edu).

## A Day in the District



Harris County Commissioner Sylvia Garcia, right, applies 'touch' therapy to a newborn in Ben Taub General Hospital's neonatal intensive care unit, under the direction of Bridgett Steffen Davis, certified infant massage instructor and child life specialist.

Garcia visited the hospital as part of the HCHD Foundation "A Day in the District," where elected officials and public citizens learn firsthand about health care provided by the Harris County Hospital District.

Participants, outfitted in scrubs and a white coat, are given the opportunity to shadow medical staff through key service areas of the hospital for an up close and personal look at the hospital district.

For information on how to participate, please contact the HCHD Foundation. The next session is scheduled for June 17, 2009.

## Children's Health Fund

Applications for the Harris County Hospital District Foundation Children's Health Fund are now available online.

The Children's Health Fund is a permanent endowment fund focused on supporting children's health issues in Harris County. The goal of the fund is to provide support for long-range health programs for children who are not currently eligible for other similar programs and who are at the highest risk in our society.

All grants address pediatric primary health care services in Harris County, and include health promotion, access to care and disease prevention.

For the application and additional information, please visit [www.hchdfoundation.org](http://www.hchdfoundation.org) or contact Jessica Segal at 713.566.6409 or [jessica\\_segal@hchd.tmc.edu](mailto:jessica_segal@hchd.tmc.edu).

# New HCHD Foundation Board of Trustees

The Harris County Hospital District Foundation Board of Trustees recognizes its three newest members: Theresa Attwell, Regina Rogers and Henry J.N. "Kitch" Taub, II.

Theresa Attwell is an enthusiastic community volunteer committed to improving the lives of those less fortunate. Theresa, born in Greensboro, N.C., moved to Houston after graduating from Mary Baldwin College in Staunton, Virginia. She is married to Scott Attwell and has two children, 12 and 14 years of age.

Theresa's community involvement includes affiliation

with organizations such as the Junior League, Sheltering Arms, Friends of West University, Children's Museum of Houston, The Joy School, Presbyterian School and National Charity League. Her passion is education and community involvement.

Since her introduction to the HCHD Foundation, Theresa has recruited participants for the Day in the District program and is taking a leadership role in developing a Foundation lecture luncheon series, launching this year.

Regina Rogers has a long history with community affairs both in Southwest and Southeast Texas. Her list of affiliations with organizations, which benefit education, healthcare, minority affairs, and children, include many notable organizations. She is co-founder of the Ben Rogers/Lamar University/Beaumont Public Schools' "I Have a Dream" program. This unique program provides scholarships to nearly 400 students who would otherwise not have the opportunity to attend college. In addition, Regina established the Julie Rogers "Gift of Life" program, which provides free mammogram and prostate cancer screenings to the underserved in Southeast Texas.

Regina obtained a Bachelors degree from Sophie Newcomb College of Tulane University and a Juris Doctorate from the University of Houston Law Center. She has been recognized as an outstanding community leader from a variety of local and state-wide organizations.

Henry J.N. "Kitch" Taub, II is well-known and respected among the philanthropic and investment community. He is a native Houstonian who has dedicated his life to supporting a variety of community organizations. A graduate from Southern Methodist University Business School in Dallas, Kitch has managed a number of investment interests including: Cameron Holdings, Inc., Kitarcy Investments, Inc., Kitchco Exploration, LLC, Seabrook Land Company, and a number of others. In addition, Kitch serves on a number of boards, such as Baylor Medical Foundation, Texas Ranger Association Foundation, The Pauline Sterne Wolff Memorial Foundation, and others.

To date, Kitch has been a true asset to the HCHD Foundation Board of Trustees. His expertise in finance and investments has helped guide the HCHD Foundation during these economically difficult times.

## Upcoming HCHD Foundation Events

### Luncheon Lecture Series

**Monday, April 27th**

11:00 am – Registration

11:30 am – Lecture & Lunch

Junior League of Houston

### 8th Annual Silver Tea

**Thursday, May 7th**

2:00 pm – 5:00 pm

Home of Kay & Ned Holmes

1623 River Oaks

### Day in the District

**Wednesday, June 17th**

8:00 am – 7:00 pm

Ben Taub General Hospital

#### 2009 HCHD Foundation Board of Trustees

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## Small Grants Fund Makes Big Impact

Each year, the Harris County Hospital District Foundation supports the work of the hospital district through its Small Grants Fund. This fund provides resources to develop and sustain innovative programs that are outside the hospital district's tax-supported budget.

Grants up to \$5,000 are awarded on an ongoing basis. Priority is given to program/projects that enhance and support hospital district services for its patients.

Most recently, the HCHD Foundation awarded a Wii game system to the Ben Taub Rehabilitation Department. Both adult and pediatric rehabilitation patients benefit from this technology.

The video games make rehabilitation more motivating and fun for patients. The Wii Rehab Program provides a fun and challenging treatment modality to address a range of diagnoses including brain injuries, orthopedic conditions, stroke paralysis, cerebral palsy, Down Syndrome and other physical and mental conditions.



Ben Taub patient uses Wii video game for part of acute therapy program.

The Labor and Delivery staff at Ben Taub General Hospital work hard to give excellent care to the new



Staff volunteers prepare knitting materials for new moms in "Baby's First Hat" program.

mothers they see. To provide a more memorable experience for moms and encourage proper care for newborns, staff introduced the project, "Baby's First Hat."

Through HCHD Foundation funding, yarn is purchased for the doctors, nurses and staff to knit each newborn a hat to wear home. This "first" hat is an important measure in protecting the baby from newborn hypothermia, and it provides an enjoyable and memorable experience for the new mom.

The Pain Management and Rehabilitation Activity Room at Quentin Mease Community Hospital received funding to purchase a television and DVD player for their newly renovated Community Room. Educational and recreational DVDs are offered for both patients and family members. In addition, family-friendly movies, sporting events and church programs are available for viewing on the weekends for inpatients.

For further information on the Foundation's Small Grants Fund, please contact Jessica Segal at [Jessica\\_segal@hchd.tmc.edu](mailto:Jessica_segal@hchd.tmc.edu) or 713-566-6409.