



Texas Med 5K

More than 550 supporters gathered under harsh weather and overcast skies to participate in the Texas Med 5K on Saturday, Jan 29. The third annual event, formerly titled the Resolution Race and held New Year's Day, was hosted by The Harris County Hospital District (HCHD) Foundation.

Proceeds from this year's race benefited the Hospital District's Mammography Services.

Funds raised will be used to buy biopsy chairs for Ben Taub and Lyndon B. Johnson General Hospitals, according to Loretta Hanser, mammography coordinator.

"These chairs can recline into stretchers if needed to better accommodate patients during procedures," Hanser said.

If enough money is raised, Hanser hopes to also enhance equipment used for X-ray reading at LBJ Hospital.

The course started in front of Ben Taub Hospital and snaked through the Texas Medical Center.

While some people participated for competitive reasons, others just wanted to help patients.

"This is my first time to walk in the race," said participant Myle Pham, a Hospital District employee. "Walking is healthy for me, but this will also benefit our patients."

After crossing the finish line, participants were treated to food and drinks, and kids got their faces painted by clowns.

Ramiro Bermudez placed first in the Wheelchair 5k. Jose Angel Lara came in first for the 5k Run. Lara is a Ben Taub Hospital employee who has won the race every year.

For a full list of participants and winners, visit <http://www.lukeslocker.com/calendar>.