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MEDIA RELEASE

Baytown Health Center Thanks Family for Donation

HOUSTON (July 24, 2006) – Baytown children and their families are learning the benefits of exercise and nutrition thanks to a \$2,500 donation from the Jane Reyes family that enabled the Baytown Health Center, a part of the Harris County Hospital District, to start a Childhood Nutrition and Exercise Program.

The Reyes family donated the money as a memorial for Jane Reyes, the matriarch of their family. The donation allowed Baytown staff to buy needed supplies for the program, such as physical activity equipment and general teaching materials.

To thank the Reyes family, the Baytown Health Center staff will present the family with a plaque featuring a picture of the children participating in the program.

“The generous gift from the Jane Reyes family has helped provide a valuable health program for our Baytown community’s children,” said Irma Gonzalez, director of the Baytown Health Center. “It is heartwarming to see the eager faces of the children and their parents as they come to learn more about exercise and nutrition each week.”

The 10-week program is designed for overweight or obese children aged seven to 16 along with their families. The two-hour weekly class focuses on behavioral modification changes toward nutrition and exercise. Some topics covered in the hands-on program include: the food guide pyramid, planning healthy meals, reading food labels and body image.

WHAT: Baytown Health Center thanks Reyes Family for donation

WHEN: 4-5 p.m. Thursday, July 27, 2006

WHERE: Baytown Health Center, 1602 Garth Rd.

PARKING: Baytown Health Center parking lot

The Harris County Hospital District is the public healthcare system for the nation’s third most-populous county. It provides more than 1.1 million health care visits each year to uninsured, underinsured and medically needy residents of Harris County. The Hospital District operates Ben Taub General Hospital, Lyndon B. Johnson General Hospital, Quentin Mease Community Hospital, 12 community health centers, a dental center, seven school-based clinics, 13 homeless shelter clinics and four mobile health units.

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