



Media Advisory

For Immediate Release

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Ben Taub Hospital Staff Stress Heat Safety

With long stretch of hot days in the forecast, the public should be aware of heat-related dangers

- WHAT:** Heat precaution press conference. Interviews, visuals and important information will be offered.
- WHEN:** 2 p.m. Wednesday, June 7
- WHERE:** Outside the ambulance dock at the Ben Taub General Hospital emergency center, 1504 Taub Loop (MacGregor Drive and Lamar Fleming Drive in the Texas Medical Center)

As the mercury rises, so do incidents of heat exhaustion, heat stroke and deaths resulting from the heat. Physicians and nurses from Ben Taub General Hospital will offer expert advice on how Houston-area residents can stay safe during the hot days of summer Wednesday, June 7 outside of the hospital's emergency center.

The dangers of leaving children, seniors and animals in cars will be addressed through a demonstration of how hot a car's interior can get. Houston's 90-plus degree summertime heat can result in temperatures of over 110 in a closed car within just a few minutes.

"We want everyone to stay safe this summer and remember the simple advice of drinking plenty of fluids and remaining in air-conditioned facilities to survive the heat and humidity of Houston," said Dr. Janice Zimmerman, who often treats people suffering from heat exhaustion and heat stroke in the emergency center at Ben Taub.

Ben Taub Hospital is part of the Harris County Hospital District, the public healthcare system serving the nation's third most populous county. The hospital district comprises three hospitals, 12 community health centers, 13 satellite homeless shelter clinics, seven school-based clinics and four mobile health units.

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