



Harris County Hospital District

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MEDIA RELEASE

HCHD Hosts Mental Health Awareness Campaign

HOUSTON (May 1, 2007) – May is mental health awareness month, and the Harris County Hospital District’s Health Promotion Services, along with Behavioral Health Department, will mark the event by hosting mental health campaigns at numerous HCHD facilities.

Health educators and behavioral health specialists will cover mental health topics and conduct depression and stress screenings. Educational material will be available.

Mental health disorders are common health conditions. The National Institute of Mental Health reports that one in four adults suffer from a diagnosable mental disorder in a given year. Types of mental health disorders include anxiety, attention deficit disorder, obsessive compulsive disorder, depression, and eating disorders, along with many others.

Schedule

Pavilion	Event 1	Event 2	Event 3
Acres Home Health Center 818 Ringold	May 2 1-3 p.m.	May 9 1-3 p.m.	May 16 1-3 p.m.
Aldine Health Center 4755 Aldine Mail Rt.	May 4 8-10 a.m.	May 10 8-10 a.m.	May 18 8-10 a.m.
Baytown Health Center 1602 Garth Rd., Baytown	May 2 1-2 p.m.	May 15 10-11 a.m.	May 29 10:30-11:30 a.m.
Casa de Amigos Health Center 1615 N. Main	May 8 10-11 a.m.	May 15 11 a.m.-noon	May 22 11 a.m.-noon
Gulfgate Health Center 7550 Office City Dr.	May 9 10-11 a.m.	May 16 10-11 a.m.	May 23 10-11 a.m.
Martin Luther King Health Center 3601 N. MacGregor	May 21 1-3 p.m.	May 31 1-3 p.m.	
People’s Health Center 6330 DeMoss	May 8 10-11 a.m.	May 15 10-11 a.m.	May 22 10-11 a.m.
Settegast Health Center 9105 N. Wayside	May 15 2-3 p.m.	May 22 11 a.m.-noon	
E.A. “Squatty” Lyons Health Center 1712 First St., Suite M-20, Humble	May 14 9-10 a.m.		
Strawberry Health Center 927 Shaw Rd., Pasadena	May 16 1-2:30 p.m.	May 21 1-2:30 p.m.	May 29 1-2:30 p.m.

The Harris County Hospital District is the public health care system for the nation's third most-populous county. It provides more than 1.1 million health care visits each year to uninsured and underinsured residents of Harris County. The district operates Ben Taub General Hospital, Lyndon B. Johnson General Hospital, Quentin Mease Community Hospital, 12 community health centers, a dental center, eight school-based clinics, 13 homeless shelter clinics and four mobile health units.

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